

HEAD & NECK ONCOLOGY CLINICAL TRIALS

Welcome to the Autumn 2014 edition of the Aintree 'Head and Neck Oncology Clinical Trials' Newsletter. The rationale for the newsletter is to keep all staff associated with the 'Merseyside Regional Head and Neck Cancer Centre' up to date with studies currently open and recruiting at Aintree as well as news on possible future studies, studies that have closed and any other relevant information relating to our activity.

Research Studies currently open and recruiting at Aintree:

Randomised Controlled Trials:

HOPON – 64 patients recruited
SEND – 27 patients recruited
TRISMUS – 21 patients recruited
DAHANCA21 – 1 patient recruited

Cohort Studies:

Head & Neck 5000 – 572 patients recruited
Advanced Cancer Study – 11 patients recruited
Predictr – 143 patients currently on study
AWARE – 12 patients recruited

Tissue Banking:

291 Patients donated to the Liverpool Tissue Bank
79 Patients donated to the Molecular Determinants of Head and Neck Cancer Study.

For more information on the specific nature of each of these studies [open the excel worksheet.](#)



Trial info 1.3.xlsx



Shirley Recruits 5000th Head and Neck 5000 patient!

Head and Neck 5000 is a national cohort study acquiring a wide range of clinical and lifestyle information from newly diagnosed head and neck cancer patients. It has been open for three years and Aintree has consistently been the top recruiter. The study reached its target figure of 5000 in September and Senior Research Nurse Practitioner Shirley Pringle recruited the 5000th patient. Amendment 8 approval has been acquired to continue with recruitment until the end of this year, to cover the withdrawn and ineligible patients. Well done to Shirley and the whole team at Aintree for all of their hard work.

headandneck
5000

Understanding and Reducing Patient Presentation Delay in Oral Cancer – AWARE study gaining momentum!

Oral cancer has a poor survival rate of 56%, partly because patients delay presentation to health professionals after noticing symptoms. Delays of three months are common and lead to a 4.5 times greater probability of later stage cancer. SCC has double the incidence in the most socioeconomically deprived areas and poorer survival.

The research officer for this study is Juliet Bell a Clinical Psychology PHD student and she will be overseen by Stephen Brown and Peter Salmon - clinical Psychologists from Liverpool University and Professor Richard Shaw – Consultant OMFS from Aintree.

Increasing awareness of the AWARE study is evidenced by September recruiting 6 patients (the best month so far) The study is open to all newly diagnosed Oral Cancer patients and entails a 45 (approx) recorded interview with Juliet. **This study is being funded by the Regional Head and Neck Patient Research Forum.**



Total Clinical Research Samples collected by the team at Aintree.

Research studies are multifaceted affairs involving the collection of, amongst other things; clinical data, images and samples.

The impressive number and range of clinical samples illustrated in this table highlight the effective set-up, team approach and research culture of the head and neck team at Aintree.

STUDY	Whole blood	Saliva	Tumour block	Fresh tumour	Slides	Normal tissue	Plasma	Cell pellet	
HOPON	59	0	0	0	0	0	0	0	
SEND	52	0	0	26	0	26	0	0	
PET NECK	18	0	6	0	0	0	0	0	
LIHNCS	0	0	0	0	664	0	0	0	
H+N 5000	754	446	251	0	0	0	0	0	
Dahanca 21	0	2	0	0	0	0	2	0	
HPV prev	0	0	168	0	0	0	0	0	
LTB	0	0	78	437	0	333	366	148	
UoL	0	0	?	105	0	93	106	106	
Total	883	448	497	568	664	452	474	254	3790

Consensus to develop a 'core outcome set' for Oropharyngeal Cancer Clinical Trials.

Core outcomes have to be relevant to health professionals, but more importantly, they have to be relevant to patients and carers. Researchers also need to make sure that all these experts – patients, carers and healthcare professionals – agree on the core outcomes.

The 'core outcome set' will be decided upon in the CONSENSUS study using a **Delphi Survey**. This is a type of anonymous survey with patients and healthcare professionals.

Taking part involves completing a survey on two occasions. Recruits will see a list of different outcomes and be asked to rate how important it is for researchers to measure each of these in clinical trials.

Who is conducting the research?

Aoife Waters is a researcher at the University of Liverpool and an Ear, Nose and Throat Doctor.

She is conducting the CONSENSUS study with **Terry Jones**, Professor of Head and Neck Surgery, University of Liverpool.

H&N MDT NIHR Portfolio / Clinical Trials Group Meeting.

Portfolio recruitment is a core activity of the regional head and neck cancer service, therefore trial adoption choices, smooth processes and recruitment issues will be discussed by an inclusive group meeting prior to the fifth week MDT.

The group includes representatives from Clinical Oncology, Medical Oncology, Surgical staff, Multi-Disciplinary Chair, Research Nurses, Pathology and Radiology staff, R&D Managers and anyone else with an interest who wishes to attend.

The next meeting date is:

Wednesday 29th October.

All meetings will be held in the MDT room at 08.30hrs

Information regarding open trials / studies at Aintree is available as a pocket sized laminate on request from the Head & Neck Clinical Trials team.

If you require information about any of the ongoing Head & Neck Oncology studies or implementation of any new studies, please contact:

Shirley Pringle, Nicola Carmichael or Paul Banks Head & neck Oncology Research Practitioners
or **Linda Kearns, Data Manager on:**

TEL: 0151 529 5873



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